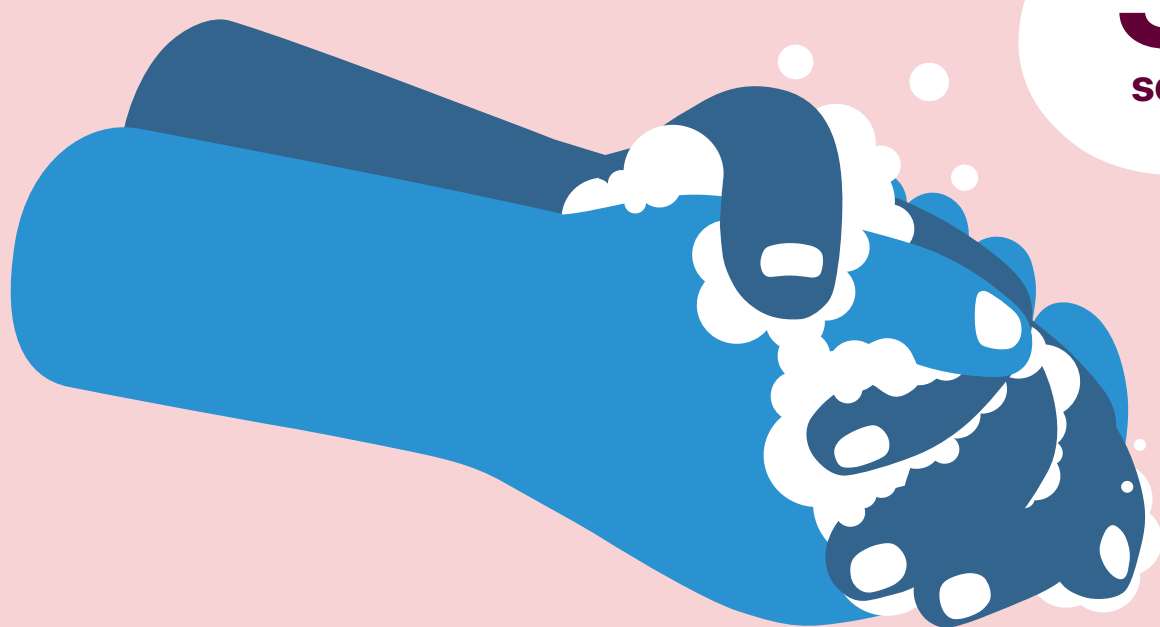


# Wash your hands!



For a full  
**30**  
seconds

1. Lather generously.
2. Wash between your fingers, the back of your hand and around your thumb.
3. Rinse and dry.

**Reduce the risk of getting ill.**